

Gara gabaa qotee-bultootaatti бага nagaan dhuftan

Добро пожаловать на фермерский рынок!

Bienvenido al Mercado de agricultores

Welcome to the Farmers Market

Bienvenue au marché fermier

Ku soo dhawow Suuqa Beeralayda



مرحبا بكم في سوق المزارعين

တၢ်တူၢ်လိၢ်မုၢ်တၢ်နၢဆူ ပၤတူၢ်စံၣ်ဖိအဖျါ

Zoo siab txais tos koj tuaj rau ntawm Taj Laj Tshav Puam

1 Go to the EBT/
information booth at
the farmers market.



2 Swipe your EBT card.
For every dollar you
spend on your EBT
card, get an extra
dollar in Market
Bucks (up to \$10, per
market, per day).



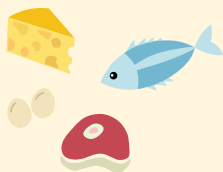
3 Use tokens and Market
Bucks to buy SNAP-
eligible foods from
market vendors.



Here's what you can buy with EBT-SNAP and Market Bucks:



Fruits and
Vegetables



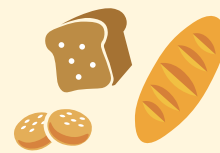
Meat, Fish,
Eggs, and
Dairy



Honey and
Maple
Products



Jams, Jellies,
Pickles, and
Sauces



Baked Goods



Seeds and
Plants that
Produce Food

Need help finding your farmers market?

Call the MN Food Helpline at 1-888-711-1151 or visit online at z.umn.edu/farmersmarkets